

ENVIRONMENTAL COMMITMENT

Kites and Power Lines DO NOT MIX!

If your kite drifts near a power line let go of it. Never try to retrieve a kite caught in a power line.

Visit us online at nyseg.com and click on "Community" then "Safety Posters/Coloring Book".



Plan Before You Plant

Trees are valuable additions to our neighborhoods. However, trees that come in contact with power lines are the leading cause of power interruptions. If you're thinking about planting a tree near power lines, check with the National Arbor Day Foundation for low-growing varieties that will add beauty to your property without interfering with power lines. For more information, visit the National Arbor Day Foundation online at arborday.org or call 1.888.448.7337.

Never attempt to trim trees near power lines. Leave that task to professionals.



Environmental Update

Your electricity supplier is required to provide you with periodic environmental disclosure information on fuel sources and air emissions for the electricity supply purchased on your behalf.

- If you receive your electricity supply from NYSEG, your environmental disclosure information is provided here. It is also available at nyseg.com.
- If you receive your electricity supply from a supplier other than NYSEG *and* your supplier's charges are included in your NYSEG bill, your supplier's most recent environmental disclosure was included in a previous bill.
- If you buy electricity from a supplier other than NYSEG, and are billed directly by your supplier, you should receive environmental disclosure information from your supplier.
- For more information on environmental disclosure, contact the New York Public Service Commission at 1.888.Ask.PSC1 (1.888.275.7721) or visit dps.state.ny.us.

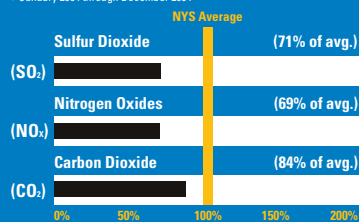
Fuel Sources Used to Generate Your Electricity

January 2004 through December 2004
Actual total may vary slightly from 100% due to rounding

Biomass	1%
Coal	14%
Hydroelectric	24%
Natural Gas	35%
Nuclear	21%
Oil	5%
Solar	0%
Solid Waste	less than 1%
Wind	less than 1%
Total	100%

Air Emissions Relative to the New York State Average

January 2004 through December 2004



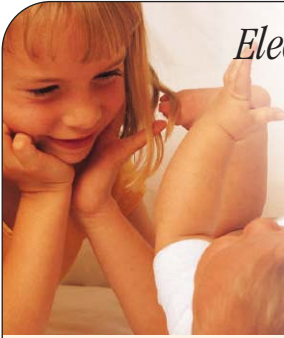
NYSEG's sources of electricity supply are cleaner than the New York State average. ▲

Wind Honor Roll

NYSEG says "thank you" to the 3,344 business, institution, and residential customers in our communities who are demonstrating environmental leadership by participating in our *Catch the Wind* program.

By purchasing more than 29,100,950 kwh of *NewWind Energy*[®], the positive environmental impact is very impressive. Carbon Dioxide (CO₂) emissions have been reduced by 37,838,196 pounds. That's equivalent to not driving 32,818,843 miles, or planting 2,574,027 trees. Sulfur dioxide (SO₂) and nitrogen emissions (NO_x) have been reduced 193,731 pounds and 52,748 pounds respectively.

For more information, visit nyseg.com or call us at 1.800.356.9734.



Electricity – for healthier indoor air

Did you know that you can take steps to improve your indoor air quality?

- > High humidity promotes mold growth. In the spring and summer, use an energy-efficient dehumidifier in your basement to maintain indoor air humidity at 30% to 60%.
- > To completely remove smoke, humidity and cooking odors from the kitchen, vent your range hood to the outdoors.

"When humidity levels are high, molds can be a problem in bathrooms, kitchens, and basements. Make sure these areas have good air circulation and are cleaned often. The basement, in particular, may need a dehumidifier."

American Lung Association | www.lungusa.org

It only costs
7.5 cents per hour
to continuously
run a 25 pint
dehumidifier.



BEFORE You Dig ...

there's one important call you need to make, and it may be a lifesaver. When you call 1.800.962.7962, **Dig Safely New York** will arrange to have underground utilities in your work area marked so you can avoid them. Please contact *Dig Safely New York* at least two days but not more than 10 days before you plan to start your work.

**Dig Safely.
New York**

Dig Safely and Dig Safely, New York are used under license from Dig Safe System, Inc.

www.digsafelynewyork.com

1.800.962.7962

Stay Safe When Working Outdoors

Be careful around overhead power lines. When working around your house, remember that things such as aluminum siding, gutters and ladders conduct electricity. If any of these items touch an overhead power line, the results could be deadly.


An Energy East Company

 Printed on recycled paper
NYSEG 06-0082

Please Don't Post Notices on Utility Poles

For the safety of NYSEG crews, we ask you not to attach notices or other materials to utility poles. Additionally, remnants of these signs from long-forgotten activities become eyesores, litter and potential traffic hazards.



Time to Spring Forward! Eastern Daylight Time Began April 2.

Just a reminder:

- The clocks in our meters are always set to Eastern Standard Time (EST). The night rate (day-night service) and the off-peak rate (time-of-use service) are in effect from 11:30 p.m. to 7 a.m. EST.
- For the full benefits of our day-night service and time-of-use rates, make sure all of your appliance timers match the time on the clock in the electric meter.
- If needed, our meter readers will reset the meter clock when they read the meter.

Our People Energizing Our Communities

Jim Salmon

Manager of Outreach and Development, East Region

Almost 20 years ago, Jim Salmon read an article on the Make-A-Wish Foundation that sparked his interest to get involved with the organization. Jim immediately contacted the foundation and helped to start a chapter in Northeastern New York. As a former director and board chair, Jim still helps wishes come true to this day, including a young girl's dream to swim with the dolphins and a teenager's wish to be an actress. "I got hooked on having a part in helping make these kids' dreams come true!"



NYSEG

Reliable. Essential.

www.nyseg.com